

NSLP Wellness Overview – Regulations for NSLP Funding

Committee:

We have a committee comprised of administration, teachers, students, parents, food service management & community representatives who review the policy and look for ways to make a positive improvement on the health of the student body. The wellness committee meets a minimum of twice per year and on an as-needed basis when situations arise or when a change to the policy is needed for an enhancement to the program. The approved district wellness policy is available for download on the health and wellness mini-site: <https://www.eriesd.org/health>

Medical Form for Special Dietary Needs: There is a new state medical form for any student with special dietary needs. These will be in the family guide, and on the district website. Once the form is complete, it should be sent to the school nurse. The nurse will then work with our dietitian, Jean Ager, to meet the student's needs.

Smart Snack Compliance: Under the NSLP guidelines, the district needs to ensure that all food served on the school property, is in compliance from **Midnight to 1/2 hour after school lets out for the day**. If you are in need of pizza, ice cream, snacks etc. you can contact me and we can order food that fits into the guidelines. All food sold in school stores must also be in compliance with the guidelines. You can contact Jean Ager at jager@eriesd.org for any questions or assistance.

Classroom Parties: We have a new program available. Parents can order foods that are smart snack compliant, and have them delivered to the classroom for a celebration. See attached flyer.

Healthy Snack Suggestion flyer: Attached - For parents when sending treats to school.

Rewards: The NSLP does not allow students to be rewarded or punished with food. For example, if you are making signs for a pizza party, please make sure that the party with the principal is the reward and not the pizza.

Fundraising/Exemptions - Wellness Policy: The NSLP has guidelines for all fundraisers that are part of the school day. The districts' wellness policy and exemption form was sent out on March 7, 2018. Please remember that elementary and middle schools have 5 exemptions per year. High schools have 10 exemptions per year. The form is attached and must be sent to Andrea Malone for approval/documentation of what you are selling.

District Food Service Audits: To make sure our entire program is in compliance, the NSLP program requires that the district conduct random food service audits throughout the year. These audits are for each of the meal periods. Jessica Garnica will be conducting these. If you have any questions you can reach her at jgarnica@eriesd.org

Potable Water: It is a requirement of the NSLP that all students have potable water at lunch. If students do not have access to a fountain, we are required to place water dispensers in the dining room.

Food Safety: Please never let anyone take food home from school meals. Not only is this a food safety issue, but it is in violation of the district funding.